



POST-OPERATIVE AND CARE INSTRUCTIONS **FOR PARTIAL DENTURES/DENTURES**

- Always moisten partial denture/denture with water before placing in mouth. Also, try to rinse with water after eating when possible.
- If you or the doctor desire, you can wear your partial denture/denture at night, providing that you brush and floss your teeth at night.
- To clean your partial denture/denture, wash with soap and water and soft toothbrush. Also, it is beneficial to use denture soaking tablets (i.e. Efferdent, Polygrip, generic brand) to soak the partial denture/denture for 5-10 minutes in hot water before brushing.
- Bring your partial denture/denture to ALL dental appointments. At this time, we can clean it in our Ultrasonic cleaner and adjust/check if needed.
- Pets, especially dogs, will find the partial denture/denture if left out!!! A case is provided for you, and we strongly suggest when not wearing it, store it in the case.
- Do not wrap them in tissue or napkin, it will likely get thrown away.
- After having time to wear your appliance, you may notice ulcerations/sore spots. If this occurs, please call our office for an adjustment (at no charge).
- It can take up to 3 months for your appliance to become a natural part of your body, just be persistent! During the adjustment period start with small bites and slow eating.

*Thank you,
Dr. Gupta, and Staff*

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